

NBJH PARENTS' IN-PERSON HEALTH & SAFETY GUIDE 2020-21

Updated for second semester

STATE REQUIREMENTS

- Face coverings for all students and staff
- 6-foot physical distancing, as much as possible
- Self-certify each morning: free of symptoms
- No more than 50 in one space
- Increased cleaning/disinfection
- Exclusion of students and staff for illness or close contact with a confirmed COVID-19 case

FACE COVERINGS



- Every student and staff member must wear a face covering when inside.
- Face coverings should fit around the nose with no gaps at the cheeks.
- Athletic/fleece gaiters are not acceptable. Only gaiters made with two-ply material are acceptable.
- Masks with an exhale vent are also not acceptable.



FACE COVERINGS (CONT'D)



- Parents should send students wearing one face covering and a spare to put on after lunch. It is also advisable for students to have a couple of spares stored at school.
- When outside, face coverings may be removed, if 6-foot physical distancing is maintained. Students will be trained on how to safely remove and store masks.
- Breaks from face coverings will be planned outside, periodically (outdoor classes; recess; lunch; any time a teacher feels it is warranted). Winter weather may reduce the frequency compared to the fall.

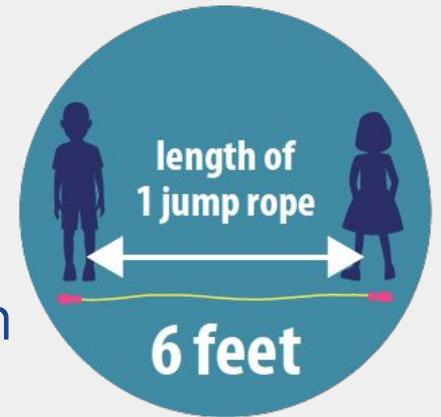
FACE COVERINGS (CONT'D)



- A student with a medical condition who is not able to wear a face covering should contact the principal and/or the school's assistant director for student services.
- Anyone may wear a **face shield, in addition to, but not in lieu of, a face covering.**

6-FOOT PHYSICAL DISTANCING

- 6-foot physical distancing is required, as much as possible.
- Class sizes are based on room size, usually between 15 to 20 students, with some larger rooms at 20+.
- In all instructional spaces, student desks/work spaces will be placed 6 feet apart.
- Non-traditional instructional spaces will be utilized, including the library and drama room.
- Procedures have been established to manage the number of students at arrival/dismissal times, in the hallway, bathrooms, etc. at any given time.



DAILY HEALTH CHECK

1. Parents will receive an email every day from CrisisGo at 6:30 a.m. Please add this email to your contacts so it does not go to spam: noreply@notice.crisisgo.com. You must complete the form every day for each child. Please check your inbox for the CrisisGo email to complete the Daily Health Check Parent Certification form. You must complete this form for every child before coming to school.
2. The app uses a color system:
 - i. Green: Entry (your child may come to school)
 - ii. Red: At-Risk (your child may not come to school)
 - iii. Yellow: Undetermined (this is likely due to an error and you can recertify with a staff member at school or before going on the bus)

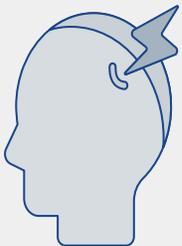
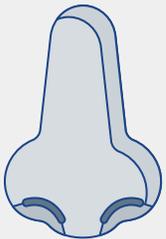
DAILY HEALTH CHECK

3. If you do not receive the email or you believe your child was denied access when they shouldn't have, please come to school and we will certify in person.
4. Please make sure you answer every question. If you miss one you will get a red color.
5. School staff have access to know which students have completed the Daily Health Check. This must be completed before your child is allowed to enter the building or get on the bus.
6. The district will send a text and email reminder through its mass notification system that shows as being from tryan@northbrook28.net, but you will need to access the CrisisGo email in order to complete the form.

DAILY HEALTH CHECK

The daily health check will ask the following questions:

1. Has your child experienced any of the following symptoms during the last 24 hours?



- Fatigue from unknown cause
- Fever (over 100.4)
- New onset of moderate to severe headache
- Chills
- New loss of smell or taste
- New cough
- New congestion/runny nose
- Sore throat
- Shortness of breath or difficulty breathing
- Muscle or body aches
- Nausea, vomiting or diarrhea
- Abdominal pain from unknown cause

DAILY HEALTH CHECK

Possible Answers to Question 1:

- Yes, this is a **NEW** symptom(s) for my child. **DO NOT COME TO SCHOOL.** Please contact your healthcare provider for additional guidance.

- Yes, but it is related to a diagnosed health condition my child has, **other than COVID-19.** As it is possible to have COVID-19 and other health conditions at the same time, every symptomatic person should be evaluated by their healthcare provider on a case-by-case basis. If you haven't already provided the school with medical certification that the symptom(s) are the result of another diagnosed health condition, **DO NOT COME TO SCHOOL UNTIL YOU HAVE DONE SO.**

- No

DAILY HEALTH CHECK (CONT'D)

2. Has your child been diagnosed with COVID-19 in the past 10 days? Yes or No

3. Has your child been in contact with anyone who has been diagnosed with COVID-19 in the past 10 days? Yes or No

4. Has anyone in your home experienced any of the COVID-19 symptoms during the last 24 hours? Yes or No

Answering 'Yes' to any of the above questions will result in a Red code on CrisisGo, and your child may not come to school. You should contact the school nurse.

5. Has your child traveled outside the State of Illinois for 24 hours or more in the past 14 days and for how long? Yes or No

If "yes", list the date your child returned to Illinois.

DAILY HEALTH CHECK (CONT'D)

Travel Question

- The district is following the recommendation of the Cook County Department of Public Health. The CCDPH currently recommends avoiding non-essential travel. A two-week quarantine is required for individuals who spend 24 hours out-of-state. Students traveling out-of-state must complete the 14-day quarantine period before returning to in-person instruction.

ADDITIONAL SAFETY INFORMATION

- All school campuses will be closed, except for essential visitors.
- Parents are encouraged to conduct school business via email or phone.
- If coming to the school is absolutely necessary, visitors will be limited to the front office and are required to wear a mask to enter.

EXCLUSION FROM SCHOOL

- Any individual who tests positive for COVID-19 or who shows any signs or symptoms of illness (unless related to a diagnosed health condition) will not be allowed into the school.
- Individuals with COVID-like symptoms, who do not get tested for COVID-19 and do not provide a Dr.'s note with alternative diagnosis, must complete 10 calendar days of isolation and be fever-free for 24 hours w/o using fever-reducing medication and other symptoms have improved before returning to school.
- If a household member is being evaluated for COVID-19, the rest of the household must be quarantined until an alternative diagnosis is made or a negative COVID-19 test result received.

EXCLUSION FROM SCHOOL

- Any individual within the school environment who shows symptoms will be immediately separated from the rest of the school population and sent home with a parent/guardian. Siblings will be sent home as well.
- When a confirmed case of COVID-19 occurs within District 28, all families will be notified. School nurses and administrators work with CCDPH to investigate individuals who may have been in close contact with the case and will contact those families separately. The name of the infected person CANNOT be shared, as that is a violation of federal law.
- Five confirmed cases of COVID-19 infections occurring within 14 calendar days of each other in individuals in the same classroom would meet the case definition for an outbreak. This would prompt an investigation by the CCDPH that may result in recommendations for testing and quarantining all students/staff in the affected classroom.

EXCLUSION FROM SCHOOL

If a confirmed or probable COVID case is identified in a classroom, or on a school bus, those who had close contact will need to quarantine for 14 calendar days. Close contact, as defined by IDPH includes:

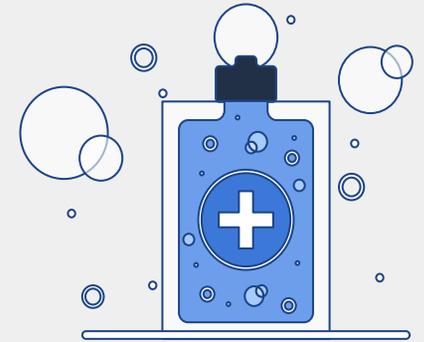
- Exposure in a classroom should be limited to everyone with whom the confirmed or probable COVID case had close contact (within 6 feet, for at least 15 minutes throughout the course of a day). If all physical distancing protocols are followed, no additional students or staff should need to be quarantined. However, each exposure is handled by Cook County Dept. of Public Health on a case-by-case basis.
- Exposure on a bus must include everyone who sat within 6 feet of the confirmed or probable COVID case for 15 minutes or longer.

SCHOOL CLOSURES

When there is a confirmed case of COVID-19 within a school:

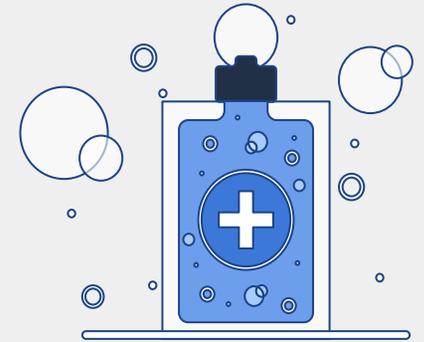
- The decision to temporarily close a school will be made by school leaders in consultation with the Cook County Department of Public Health during its investigation of a case or cluster of cases.
- If the CCDPH determines that there is a risk to the school community, the school may be closed temporarily for cleaning and disinfection.
- This initial short-term dismissal allows time for the local health officials to gain a better understanding of the COVID-19 situation impacting the school.
- This also allows the local health officials to help the school determine appropriate next steps, including whether an extended dismissal duration is needed to stop or slow the further spread of COVID-19.

HYGIENE & CLEANING/DISINFECTION



- Students sanitize their hands upon arrival at each classroom.
- High-touch areas will be cleaned frequently throughout the day.
- District has hired additional custodians for the school day.
- Cleaning will follow CDC guidelines with EPA-approved disinfectants.
- HVAC systems have been adjusted to ensure maximum outdoor air intake (30-35% fresh air) and highest level of air filtration allowable (filters changed monthly instead of quarterly).
- Lunch areas will be equipped with air sterilizing equipment.

HYGIENE & CLEANING/DISINFECTION



- Use of shared objects will be disallowed or restricted. Any materials or equipment that must be shared will be sanitized after each use, including classroom libraries.
- Each school is equipped with multiple water bottle filling stations - drinking fountains will not be used.

BUS TRANSPORTATION



- Parents are encouraged to drive their children to school, if feasible. Students can also ride bikes/walk.
- Arrival and dismissal times have been modified to ease traffic congestion and prevent students from congregating.
- Bus ridership will be limited to one person to a seat, allowing about 20 students on a large bus and 10 on a smaller bus.
- Parents must self-certify their children before boarding the bus.
- Face coverings must be worn on the bus at all times.

NBJH SCHOOL DAY



- Math and Language Arts will have 80-minute block periods every other day which eliminates one transition period.
- PE & Electives will have alternating 80-minute block classes to eliminate transition time.
- Students will have limited travel to the various classrooms.
- Student groups will need to be mixed throughout portions of the day due to the various instructional levels for Math, Language Arts, French, and Spanish.
- Desks/tables will be cleaned in between class periods.

NBJH SCHOOL DAY



- PE classes will be held in the gym or outside. Locker rooms will not be used; students will not change clothes for PE class.
- Students will not have access to lockers; they will use backpacks throughout the day.
- Lunch will be held in the gyms, cafeteria and band room.
- Organic Life will accept lunch orders once a week and box lunches will be delivered to students (no standing in line).
- Passing periods will be staggered by grade level to limit the number of students in the hallway at any one time.
- Hallways will be two-way; stairwells will have one-way traffic.